

O V E R V I E W

Family Medicine rotations are highly variable, lasting anywhere from 4 to 8 weeks. The standard advice is to read on 3 patients per day, and that holds true in FM as in any topic, but since FM covers everyone and everything, it can help to have a guide to be sure you're covering all the basics. This is our curated list of 50 OnlineMedEd.org videos covering key topics for the Family Medicine NBME shelf / COMAT. **Videos in bold are the ones we think are most important to view, those preceded by a +/- less so.**

If you watch 3 videos per day you'll be done in about 16 days, so modify your viewing to suit your needs. We've also included a list of relevant Internal Medicine videos if you're on a longer rotation, and for the gunners there is a "weekend before rotation" guide, too.

Disclaimer: Always consult your medical school syllabus, the NBME shelf description or COMAT description for help in knowing what is relevant for your end of rotation exam. **FMS makes no guarantees regarding your shelf scores. Remember** you need to read, watch, review, ask questions and **learn all you can to do your best on the floor and on your shelf exams!**

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FM
Student

50 VIDEOS FOR YOUR FAMILY MED ROTATION

PREVENTIVE MEDICINE

- SCREENING
- VACCINATIONS
- PREVENTION
- BIAS
- CI
- +/- BIOSTATS

INTERNAL MEDICINE

- GI: GERD
- CARDIO: HTN
- CARDIO: CAD
- CARDIO: HEART FAILURE
- PULM: COPD
- PULM: ASTHMA

PSYCHIATRY

- ANXIETY
- MOOD DISORDERS
- MOOD, LIFE & DEATH
- EATING DISORDERS
- SLEEP PHYSIOLOGY
- SLEEP DISORDERS
- ADDICTION
- PSYCH PHARM

PEDIATRICS

- ENT
- VACCINATIONS
- ALLERGIES
- STRIDOR UPPER AIRWAY
- STRIDOR LOWER AIRWAY
- +/- PREVENTABLE TRAUMA
- +/- PEDS INFECTIOUS RASHES

GYNECOLOGY

- PUBERTY
- INFERTILITY
- GYN INFECTIONS
- MENOPAUSE
- CANCER INTRO
- CERVICAL CANCER
- INCONTINENCE
- VIRILIZATION
- VAGINAL BLEEDING 1, 2 AND 3
- +/- SECONDARY AMENORRHEA

INFECTIOUS DISEASE

- ABX LADDER
- ENT
- PNEUMONIA
- UTI
- +/- HIV
- +/- GENITAL ULCERS

OB

- CONTRACEPTION
- MEDICAL DISEASE
- 3RD TRIMESTER BLEEDING
- 3RD TRI LABS (GESTATIONAL DM)
- +/- ECLAMPSIA
- +/- NORMAL LABOR

SURGERY, TRAUMA, SUBSPEC

- +/- PRE-OP EVALUATION
- SS: ORTHO INJURIES
- SS: AORTA
- T; TOXIC INGESTION

DO? ADD THESE VIDEOS, TOO

- PEDS: ORTHO
- ORTHO: HAND



RELEVANT INTERNAL MED VIDEOS

NEPHRO

- KIDNEY STONES
- +/- CKD

GI

- IBD
- GB
- CHRONIC DIARRHEA
- ACUTE DIARRHEA

HEME ONC

- ANEMIA APPROACH
- +/- ANEMIA: MACROCYTIC
- +/- ANEMIA: MICROCYTIC
- +/- ANEMIA: NORMOCYTIC

RHEUMATOLOGY

- APPROACH TO JOINT PAIN
- MONOARTICULARARTHROPATHY
- RA
- LUPUS
- +/- OTHER CT

DERM

- ECZEMATOUS RASHES
- SKIN INFECTIONS
- HYPERPIGMENTATION
- +/- HYPOPIGMENTATION

NEUROLOGY

- STROKE
- WEAKNESS
- DEMENTIA
- HEADACHE
- BACK PAIN
- DIZZINESS
- TREMOR
- +/- SEIZURE
- +/- COMA

CARDS

- CHOLESTEROL
- +/- SYNCOPE

ENDOCRINE

- OUTPATIENT DIABETES
- INSULIN MANAGEMENT
- DIABETIC EMERGENCIES
- THYROID

PULM

- LUNG CA
- +/- PE

Should you watch these videos as well? If you have a 4 week FM rotation then we advise against it, as time is finite.

If you are on a 6-8 week rotation adding these videos may be helpful.

Your mileage will vary. These are merely suggestions. Always do what works best for you, and helps you learn the most in the time you have.



THE GUNNER GUIDE: WEEKEND EDITION

PREVENTION

- SCREENING
- VACCINATIONS
- PREVENTION

GI

- GERD

CARDS

- HTN
- CAD
- HEART FAILURE

PSYCHIATRY

- ANXIETY
- MOOD DISORDERS

PEDIATRICS

- ENT
- VACCINATIONS

OB

- CONTRACEPTION

PULM

- ASTHMA
- COPD

Who is this for? Those who hate fun, and consider golden weekends as simply another chance to study.

For you, we suggest a few videos to watch the weekend prior to starting your new rotation. We worry about you. **We do not recommend this.**

instead, we suggest: you could be enjoying time with friends, binge watching Netflix, house cleaning or going out into the non-hospital world.

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