

## O V E R V I E W

Family Medicine rotations are highly variable, lasting anywhere from 4 to 8 weeks. The [standard advice is to read on 3 patients per day, and that holds true in FM as in any topic](#), but since FM covers everyone and everything, it can help to have a guide to be sure you're covering all the basics. [This is our curated list of 50 OnlineMedEd.org videos covering key topics](#) for the Family Medicine NBME shelf / COMAT. **Videos in bold are the ones we think are most important to view, those preceded by a +/- less so.**

[If you watch 3 videos per day you'll be done in about 16 days](#), so modify your viewing to suit your needs. We've also included a list of relevant Internal Medicine videos if you're on a longer rotation, and for the gunners there is a "weekend before rotation" guide, too.

**Disclaimer:** Always consult your medical school syllabus, the NBME shelf description or COMAT description for help in knowing what is relevant for your end of rotation exam. **FMS makes no guarantees regarding your shelf scores. Remember** you need to read, watch, review, ask questions and **learn all you can to do your best on the floor and on your shelf exams!**

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FM  
Student

## 50 VIDEOS FOR YOUR FAMILY MED ROTATION

### PREVENTIVE MEDICINE

- SCREENING
- VACCINATIONS
- PREVENTION
- BIAS
- CI
- +/- BIOSTATS

### INTERNAL MEDICINE

- GI: GERD
- CARDIO: HTN
- CARDIO: CAD
- CARDIO: HEART FAILURE
- PULM: COPD
- PULM: ASTHMA

### PSYCHIATRY

- ANXIETY
- MOOD DISORDERS
- MOOD, LIFE & DEATH
- EATING DISORDERS
- SLEEP PHYSIOLOGY
- SLEEP DISORDERS
- ADDICTION
- PSYCH PHARM

### PEDIATRICS

- ENT
- VACCINATIONS
- ALLERGIES
- STRIDOR UPPER AIRWAY
- STRIDOR LOWER AIRWAY
- +/- PREVENTABLE TRAUMA
- +/- PEDS INFECTIOUS RASHES

### GYNECOLOGY

- PUBERTY
- INFERTILITY
- GYN INFECTIONS
- MENOPAUSE
- CANCER INTRO
- CERVICAL CANCER
- INCONTINENCE
- VIRILIZATION
- VAGINAL BLEEDING 1, 2 AND 3
- +/- SECONDARY AMENORRHEA

### INFECTIOUS DISEASE

- ABX LADDER
- ENT
- PNEUMONIA
- UTI
- +/- HIV
- +/- GENITAL ULCERS

### OB

- CONTRACEPTION
- MEDICAL DISEASE
- 3RD TRIMESTER BLEEDING
- 3RD TRI LABS (GESTATIONAL DM)
- +/- ECLAMPSIA
- +/- NORMAL LABOR

### SURGERY, TRAUMA, SUBSPEC

- +/- PRE-OP EVALUATION
- SS: ORTHO INJURIES
- SS: AORTA
- T; TOXIC INGESTION

### DO? ADD THESE VIDEOS, TOO

- PEDS: ORTHO
- ORTHO: HAND



## RELEVANT INTERNAL MED VIDEOS

### NEPHRO

- KIDNEY STONES
- +/- CKD

### GI

- IBD
- GB
- CHRONIC DIARRHEA
- ACUTE DIARRHEA

### HEME ONC

- ANEMIA APPROACH
- +/- ANEMIA: MACROCYTIC
- +/- ANEMIA: MICROCYTIC
- +/- ANEMIA: NORMOCYTIC

### RHEUMATOLOGY

- APPROACH TO JOINT PAIN
- MONOARTICULARARTHROPATHY
- RA
- LUPUS
- +/- OTHER CT

### DERM

- ECZEMATOUS RASHES
- SKIN INFECTIONS
- HYPERPIGMENTATION
- +/- HYPOPIGMENTATION

### NEUROLOGY

- STROKE
- WEAKNESS
- DEMENTIA
- HEADACHE
- BACK PAIN
- DIZZINESS
- TREMOR
- +/- SEIZURE
- +/- COMA

### CARDS

- CHOLESTEROL
- +/- SYNCOPE

### ENDOCRINE

- OUTPATIENT DIABETES
- INSULIN MANAGEMENT
- DIABETIC EMERGENCIES
- THYROID

### PULM

- LUNG CA
- +/- PE

**Should you watch these videos as well? If you have a 4 week FM rotation then we advise against it, as time is finite.**

**If you are on a 6-8 week rotation adding these videos may be helpful.**

**Your mileage will vary.** These are merely suggestions. Always do what works best for you, and helps you learn the most in the time you have.



## THE GUNNER GUIDE: WEEKEND EDITION

## PREVENTION

- SCREENING
- VACCINATIONS
- PREVENTION

## GI

- GERD

## CARDS

- HTN
- CAD
- HEART FAILURE

## PSYCHIATRY

- ANXIETY
- MOOD DISORDERS

## PEDIATRICS

- ENT
- VACCINATIONS

## OB

- CONTRACEPTION

## PULM

- ASTHMA
- COPD

**Who is this for? Those who hate fun,** and consider golden weekends as simply another chance to study.

For you, we suggest a few videos to watch the weekend prior to starting your new rotation. We worry about you.

**We do not recommend this.**

**instead, we suggest:** you could be enjoying time with friends, binge watching Netflix, house cleaning or going out into the non-hospital world.

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